



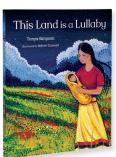


This guide will take kids through a fill-in-the-blank poetry activity and the book *This Land Is a Lullaby*. It is meant to help young children engage with poetry in a way that is fun and inclusive.

As you read the book, encourage kids to move their bodies by reading out the action prompts. Then, read the poem prompts for the corresponding page. Kids can record one-word answers for each prompt in their notebooks. At the end, they will use these words to complete their very own fill-in-the-blank poem!

Pages 13-14

Before the book Action Prompt: Shake out your sillies before we get started! Poem Prompt 1: How does singing and dancing make you feel?	Action Prompt: Show me rain with your fingers. It's just like playing piano. Poem Prompt 8: Where is somewhere you can go to get out of the rain?
Pages 1-2 Action Prompt: What is your spirit like? Show me with your body. Poem Prompt 2: What is the name of your favorite place?	Pages 15-16 Action Prompt: Slowly sway your arms like the Northern Lights. Poem Prompt 9: How does swaying gently make you feel?
Pages 3-4 Action Prompt: What does swirling and whirling look like? Poem Prompt 3: What's the coolest animal with wings?	Pages 17-18 Action Prompt: Show me what a moon looks like. Poem Prompt 10: What do you think the moon is saying?
Pages 5-6 Action Prompt: Close your eyes and put your arms out like you are floating into a dream. Poem Prompt 4: What do you like to dream about?	Pages 19-20 Action Prompt: Be very still and quiet. What do you hear? Poem Prompt 11: What is your favorite way to travel around?
Pages 7-8 Action Prompt: How do fireflies and dragonflies move? Poem Prompt 5: What is your favorite dance move?	Pages 21-22 Action Prompt: Take five deep breaths. Let your belly fill up like a balloon each time. Poem Prompt 12: What's your favorite color?
Pages 9-10 Action Prompt: Stretch out like a coyote. Swivel your neck around like an owl slowly. Poem Prompt 6: What do you put your most special thing inside?	Pages 23-24 Action Prompt: Pretend you are inside an egg. Slowly break out of the egg and stand up tall and reach as high as you can. Poem Prompt 13: What's one word that describes you?
Pages II-I2 Action Prompt: Pretend that you are a storm (quietly). What does that look like? Poem Prompt 7: If you could be any animal, what would you be?	After reading Action Prompt: Get your last wiggles out. Poem Prompt 14: How did the book and exercises make you feel?



My Special Place



By_____

There is somewhere, sunny and bright	
A place called that I love to go	
On the back of a, I fly across the night	
To where the stars are made of and where smiles grow	
I only have to, and suddenly I'm there	
And in this, I carry a piece of that place anywhere	
Here, there are by my side Prompt 7	
And we can build in the sand	
If you're feeling and would like to try	
Come along and whisper; hold my hand	
And we will to this special place I know	
Where in the trees, flowers grow	
Here, I remember I am, and I can do anything	
And anytime I want to feel, I close my eyes and sing	