



4 WAYS YOU CAN HELP SAVE OCTOPUSES, OCEANS AND US



1

THINK ABOUT WHAT YOU BUY AND EAT

If you do eat octopus—or fish—try to find out whatever you can about what you’re eating, like where and how the animal was caught. Today most of the bigger fish that people enjoy eating come with a side of mercury and a pinch of microplastics. Many sunscreens poison coral reefs. Choose sunscreens that don’t kill coral.

2

CONSIDER WHAT YOU’RE THROWING “AWAY”

When we throw anything “away,” it eventually ends up in the oceans. The less trash we each create, the better we’re making the world for octopuses and us. So please try to limit what you throw out. Medicines need to be properly disposed of. So do paints. So do all chemicals.

3

CONSIDER THE CLIMATE CRISIS

One of the big dangers for marine life like octopuses is ocean acidification. Excess carbon dioxide makes water more acidic, which is killing sea life including coral and zooplankton—which is bad news for all the other animals in the water and on Earth. Learn what you can do in your community to combat the climate crisis.

4

SHARE

When we look at what we want to eat, we rarely worry about what other animals need to eat. Most human cultures tend to treat all other life on the planet as our food, our resources. Octopuses need to eat too. Imagine if we shared the world. Imagine how much more amazing the world would be.



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