

In the Classroom

- Name Bingo: Create bingo cards with the names of everyone in class (instead of numbers) and a small space beneath each to add notes. Give one to each student. Ask them to find the people named on their card and write down one fun fact about them. When they make a row of five, they have bingo!
- Scavenger Hunt: To promote teamwork, organize a scavenger hunt in which children work in pairs or small groups to find hidden objects.
- **Compliment Circle:** Have each child take a turn sitting in the center of a circle while the others give them compliments. This helps boost self-esteem and encourages positive interactions.
- **Cooperative Storytelling:** Sit in a circle and start a story. Have each child take a turn adding a sentence or two to the tale. This activity encourages listening and can lead to some very funny results!

At Home

- Friendship Bracelets: For a playdate, gather materials like beads, strings and charms so kids can make friendship bracelets together. When they're done, they can exchange bracelets.
- Art Collaboration: Provide a large piece of paper and art supplies, then ask siblings or friends to create a picture together.
 Creativity and cooperation are a great match.
- **Cooking Together:** Have children work together to prepare simple snacks or treats. Cooking fosters teamwork, and afterward they can taste together the results of their efforts.
- **Gratitude Journal:** To promote positive thinking, encourage children to keep a gratitude journal in which they write or draw things that they appreciate about their friends.



ORCA BOOK PUBLISHERS orcabook.com • I-800-210-5277

Excerpted from *The Friendship Guide* by Dr. Jillian Roberts © 2025 Orca Book Publishers

Friendship				
B				
	<u></u>			
		FREE SPACE		
	e good friend			

To make good friends, you have to be a good friend