

# HELP THE MONARCHS! ¡AYUDA A LAS MONARCAS!



Hi, my name is Carlito.

The number of monarchs is shrinking day by day. Monarchs are very sensitive to air pollution and to the chemicals (insecticides) that farmers spread on the fields that the butterflies fly over.

## HERE ARE TWO WAYS YOU CAN HELP THE MONARCHS:

### SPREAD THE WORD.

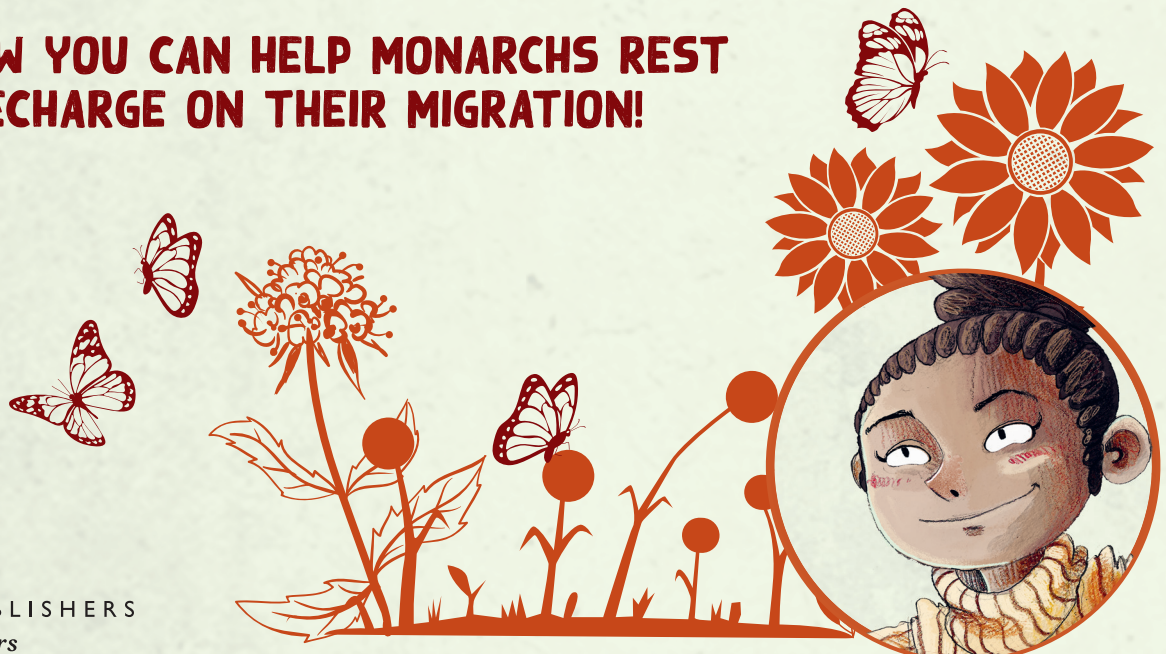
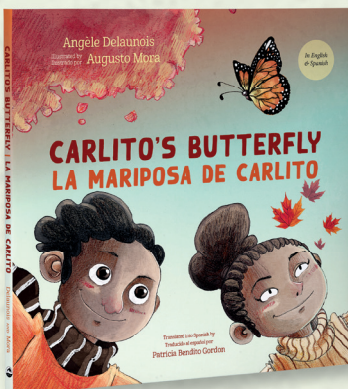
Send an email to the mayor of your town or city and ask them to ban people from using insecticides on their lawns. Tell your friends and family too!



### PLANT A BUTTERFLY GARDEN IN YOUR YARD OR BACK ALLEY.

- Plant flowers in your garden. Monarchs love milkweed, which is what caterpillars need to turn into butterflies. You can also plant wildflowers (aster, sunflower, butterfly bush, verbena) for the fall to give monarchs an energy boost for their flight to Mexico.
- Plant your garden in full sun. Butterflies love sunny spots.
- Protect your garden from the wind. Butterflies don't appreciate a gusty garden.
- Add a muddy puddle or wet sand between the flowers.
- Use environmentally friendly ways to kill weeds instead of toxic chemicals.

## THAT'S HOW YOU CAN HELP MONARCHS REST AND RECHARGE ON THEIR MIGRATION!



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