

Drawing Activity

with BILLIE and BEAN



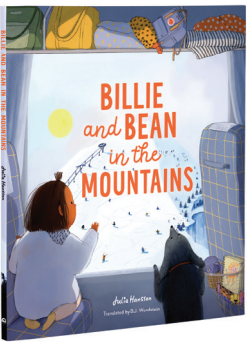
Draw a picture of a time when you tried something new.



What did you try? _____

Were you good at it right away? Why or why not? _____

How did it make you feel? _____



Discussion Questions

with BILLIE and BEAN



1. Billie's friend Svante already knows how to ski, and he wants to race Billie down the hill. Will racing with her friend help or hurt Billie's confidence? What could Svante have done instead to help Billie?

2. Why do you think Billie decides to have Bean pull her in the sled instead of learning to ski?

3. How do you think Billie feels when Bean gets scared by the falling snow, leaving her alone on the mountain?

4. Billie gets help finding her way back to the slopes by a little animal. Describe a time when someone helped you when you felt lost.

5. Imagine you are at the ski hill. Would you be skiing, snowboarding, sledding or relaxing at the lodge? Would you try something new or stick to what you've done before?

FEELINGS WORD BANK

Afraid
Frustrated
Comfortable
Worried
Angry
Lonely
Sad
Tired
Inspired
Confused
Strong
Weak
Distracted
Shocked
Hopeful
Calm
Uncomfortable
Connected
Creative
Bored
Disappointed
Powerful
Happy
Scared